## Chapter VIII.

Chapter VIII which consists of fifteen sections specifies the distinction between the body and the soul or self. At death the soul goes out leaving behind the body. Max-Muller has an interesting note on this chapter which is reproduced below :—

"The eighth Prapathaka (chapter) seems to form a kind of appendix to the Upanishad. The highest point that can be reached by speculation had been reached in the seventh Prapathaka, the identity of our Self and of every thing else with the Highest Self., This speculative effect, however, is too much for ordinary people. They cannot conceive the Sat or Brahman as out of space and time, as free from all-qualities, and in order to help them, they are taught to adore the Brahman, as it appears in space and time, an object endowed with certain qualities, living in nature and in the human heart. The Highest Brahman, besides which there is nothing, and which can neither be reached as an object nor be considered as an effect, seems to ordinary minds like a thing which is not. Therefore, while the true philosopher, after acquiring the knowledge of the Highest *Sat,* becomes identified with it suddenly like lightning, the ordinary mortal must reach it by slow degrees, and as a preparation for that higher knowledge which is to follow, the eighth Prapathaka, particularly the first portion of it has been added to the teaching contained in the earlier books."

### First Section.

*'" (1) Harih, Om. There is this City of Brahman (the

body) and in the palace, the small lotus (of the heart),, and in it that small ether. Now what exists within that small ether, that is to be sought for, that is to be understood.

" (2) And if they should say to him : " Now with regard to that City of Brahman, and the palace in it, *i.e.*, the small lotus of the heart and the small ether within the heart, what is there within it that deserves to be sought for, or that is to be understood? "

€< (3) Then he should say; As large as this ether (all space) is, so large is that ether within the heart. Both heaven and earth are contained within it, both fire and air, both sun and moon, both lightning and stars; and whatever there is